

Daily Oral Health Assessment Sheet

Before providing daily oral hygiene (practice of keeping the mouth healthy, e.g., brushing), take 60 seconds to check the mouth for any changes. If any changes are found, complete the Daily Oral Health Assessment Sheet.

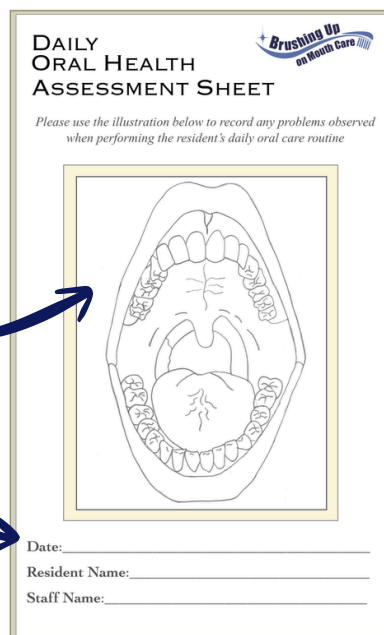
How to Check the Mouth for Changes

Ask	Ask the person if they have had any pain, changes/trouble with chewing or swallowing, changes in their voice, or a new/ongoing cough.
Look	Look inside the mouth. Check all sides of the tongue, as well as the floor of the mouth, cheeks, palate (roof of the mouth), gums and teeth. Check for anything new or unusual, such as white or red patches, sores, bleeding, and loose or broken teeth.
Feel	Gently feel for any lumps, bumps or sores that bleed and do not heal.
Document	Only if changes are found, complete the <u>Daily Oral Health Assessment Sheet</u> .
Monitor	Keep checking on the area of concern. If the changes are still there after 2-4 weeks, ask their care team for help.

How to Complete the Daily Oral Health Assessment Sheet

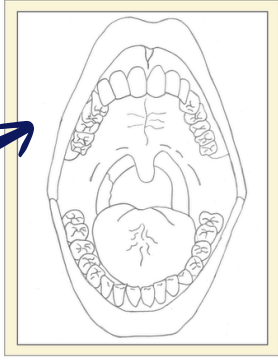
Record problems by drawing them using the appropriate labels

Record your name, the person's name, and the date



DAILY ORAL HEALTH ASSESSMENT SHEET

Please use the illustration below to record any problems observed when performing the resident's daily oral care routine



Date: _____
 Resident Name: _____
 Staff Name: _____



LEGEND

(R)	RED PATCHES
(W)	WHITE PATCHES
~	LUMPS, BUMPS OR SWELLING
(S)	SORES
(B)	BLEEDING
☆	LOOSE/BROKEN TOOTH

BE SURE TO REMOVE DENTURES/PARTIALS BEFORE COMPLETING ASSESSMENT

Where to look

- Tongue (sides and front)
 - Have resident stick out tongue
- Floor of the mouth (underneath the tongue)
 - Have resident lift tongue OR move with toothbrush
- Roof of the mouth (hard & soft palate)
 - Tilt resident's head back slightly
- Cheeks
 - Pull cheek away from teeth
- Gums & Teeth
 - Fold top lip up and bottom lip down to assess gums
- Lips

PLEASE REPORT ANY PROBLEMS TO THE RN ON DUTY

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Look at the legend for the appropriate labels



See the [Daily Oral Health Assessment](#) video for more information.

